

2019 Annual Report

Balance Sheet As of December 31, 2019

	2019 Budget	2019 Actual
REVENUE		
Membership Dues	\$5,000.00	\$3,695.00
Membership Events Sponsorships	\$200.00	\$210.00
Credentialing Fees	\$300.00	\$175.00
Conference Registration Fees	\$21,500.00	\$25,270.00
Conference Sponsorships	\$7,500.00	\$5,000.00
Conference Vendors	\$200.00	\$435.00
Membership Event Registration Fees	\$300.00	\$210.00
Interest Income	\$100.00	\$281.19
CEU's Conference	\$100.00	\$70.00
Other Income	\$0.00	\$0.00
Total Revenue	\$35,200.00	\$35,346.19
EXPENDITURES		
Conference	\$18,500.00	(\$18,712.87)
Membership Events	\$3,000.00	(\$1,126.39)
Marketing Materials	\$100.00	\$0.00
Sponsorships	\$300.00	(\$150.00)
Recognition Award	\$330.00	(\$335.00)
Bank Fees	\$0.00	(\$20.00)
Credentialing	\$70.00	\$0.00
Insurance - Board of Directors	\$1,400.00	(\$1,385.00)
Mini Grant Awards	\$500.00	\$0.00
Office Supplies	\$50.00	(\$18.95)
Salary - Administrative	\$4,382.00	(\$2,055.00)
Taxes	\$360.00	(\$157.21)
Unemployment Tax	\$480.00	(\$56.39)
Worker's Compensation	\$681.00	(\$422.00)
Postage	\$130.00	(\$128.05)
Accounting	\$700.00	(\$1,095.00)
Payroll Processing	\$42.00	(\$24.50)
Filing Fees	\$75.00	(\$75.00)
Storage Fee	\$650.00	(\$684.00)
Website Maintenance	\$3,000.00	(\$2,197.00)
Miscellaneous Administrative	\$150.00	(\$85.00)
PayPal Fees	\$300.00	(\$218.46)
Total Expenditures	\$35,200.00	(\$28,945.82)
Balance	\$0.00	\$6,400.37

NHAIMH Stats

ECFMHCs earned this year	2
ECFMHCs earned to date	76
Facebook friends	xxx
Membership	120
Conference attendees	xxx



Above: Attendees listen intently during one of the conference workshops.

Below: A morning view from Church Landing



Thank you to our financial sponsors of our annual conference:

New Hampshire Division of Health and Human Services:

- Bureau of Child Development and Head Start Collaboration
- Bureau of Developmental Services, Family-Centered Early Supports and Services
- Bureau of Community Health Services, Maternal & Child Health



New Hampshire Association for Infant Mental Health
"Shaping Lives Before Birth and Beyond"

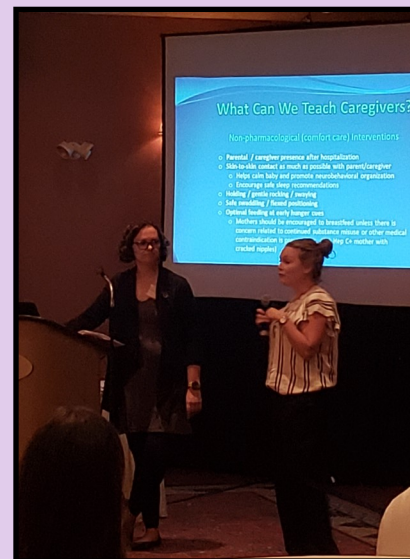
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Board of Directors

Tessa McDonnell, *President*
Kristi Hart, *President Elect*
Maryann Evers, *Vice President*
Diane Bolduc, *Treasurer*
Mary Mullen LaValley, *Secretary*
Ann Collins
Kassie Eafrazi
Joanne Kaweck
Ryan Marchand
Ellyn Schreiber

A special thank you to the following board members who served at least part of the year in 2019. We appreciate your time and service:

Sandy Beaudry
Jen Buteau
Deborah Elledge
Rosie Emrich
Deborah Hirsch



Need caption.

Message from the President

2019 has been a very productive year for advancing supports for young children and their families in our state. The NHAIMH continues to provide learning opportunities through our well-attended annual conference and new cohorts working on the Early Childhood and Family Mental Health credential. As we fulfill our mission to promote evidence-based and evidence-informed practice through professional development activities for those who work with and on behalf of infants and toddlers, we partner with other agencies and organizations. One example of this is a new training we will offer provided by Zero to Three and supported by the Endowment for Health, Children's Behavioral Health, and NH's Children's Health Foundation. Read more about this on page two.

New Hampshire received a federally funded Preschool Development Grant early in 2019, managed through the University of New Hampshire. Representatives from preschool, public education, family supports, mental and behavioral health, Spark NH, higher education, state agencies, and family voices worked together to complete a comprehensive needs assessment and create a strategic plan. This January the state was awarded a follow-up three-year grant assuring that New Hampshire will continue its journey towards an integrated early childhood care and education system to improve the health, early learning, and family supports for the state's youngest residents. Members of NHAIMH are active in this initiative.

This year the board engaged in a process to evaluate the effectiveness of the organization by examining seven areas identified by the Alliance for the Advancement of Mental Health as indicators of a strong association. We identified strengths in several of those areas - the top three being:

Identity: A strong mission and vision statements that define who we are and our scope of work within the infant and child mental health field.

Cross-systems collaboration: The ability to work together, across systems, on activities, and projects of mutual interest.

Competency-informed training: Competency informed workshops, training, and conferences promoting infant and child mental health principles and practices provided across disciplines.

Our deliberations lead to the identification of results-oriented goals for the Strategic Plan for 2020- 2023. We are evaluating the following activities: re-design of the website, with a robust recruitment section, increased member benefits, video streaming professional development options, a web-based meeting platform, and a comprehensive orientation for the new board and committee members.

I am struck by what we accomplish as an extensive network - not just one organization but a collective of members and board members who represent cross-sector professions working together to meet common goals. We also serve on other boards and committees. We are a voice on behalf of little ones through our work and service every day. It is a pleasure to be part of this organization. I encourage your involvement and look forward to 2020!

Tessa McDonnell

Mission

The New Hampshire Association for Infant Mental Health works to ensure healthy social and emotional development before birth and beyond. We promote evidence-based and evidence-informed practices to strengthen collaboration, services, and supports for families with infants and young children.



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Committee Updates

Leadership and Governance Committee

This year the focus has been on continued use of shared document storage for association business. Google docs for NHAIMH was created for board and committee members' use. Documentation provides an overview and protocols for storing, editing, and retrieving information. A shared drive helps to orient new members as well as to retain historic and working documents. Access to a shared set of materials enables more efficient decision making and eases transition as board members change. There have been challenges in scheduling committee meetings, but a new schedule will be established for 2020. We anticipate revamping our webpage as a primary activity this coming year. If you enjoy supporting member engagement, creating systems, and building an active organization, consider joining this committee.

Knowledge and Education Committee

The Knowledge and Education Committee had an active year! This year our annual conference addressed issues related to maternal substance use. The well-received conference, held at Church Landing on the shores of Lake Winnepesaukee, had 164 participants and very positive reviews. In addition to several excellent and informational presentations, participants were privileged to hear a first-hand account of struggle, resilience and recovery. The committee also organized a local training in the Seacoast area on the latest information and recommendations for working with substance exposed infants, a presentation by the Manchester ACERT Program, an innovative community and law enforcement partnership helping to ACES and, as part of the stakeholders meeting regarding the work of the infant and early childhood finance committee, a brief overview of the DC 0-5 Diagnostic and Classification System of mental health concerns in young children.

In 2020, we are very excited to be partnering with Zero to Three, Children's Behavioral Health, The Endowment for Health and NH's Children's Health Foundation to offer an in-depth, no cost training to 30-50 mental health therapists in the use of the DC 0-5. Applications for this unique opportunity are being accepted through February 14. We are also pleased be offering, with support from Head Start, The Child Development Bureau and Health Families America, two early Childhood Credentialing Reflective Practice groups this year. Lastly, plans are underway for our annual fall conference, "Understanding Bias, Celebrating Diversity", featuring Walter Gilliam, PhD, Director of The Edward Zigler Center in Child Development and Social Policy, and Professor of Child Psychiatry and Psychology at the Yale University Child Study Center., internationally recognized for his work in unconscious bias in preschool expulsion. The 2020 annual conference will be held September 17th and 18th at Church Landing at Mills Falls at the Lake in Meredith.

Public Awareness Committee

The Public Awareness Committee has been challenged this year by waxing and waning membership. At one point in the year, we were able to get some help with managing the Facebook page from a part time employee. Unfortunately, this help was short lived as the individual found a full time job that left her unable to continue with us. We continue to search for a replacement for this position and feel that this is a worthwhile investment. We are pleased that over the past few months we have been able to recruit two new committee members. We all agree that increasing awareness of infant mental health is really important and could use more hands to work on this!

Development/Fundraising Committee

During 2019 the Development/Fundraising Committee met every other month to brainstorm revenue streams, ways to increase membership, and potential new benefits for members. Ideas were passed on to the Board for further discussion/approval. The committee identified agencies under-represented in holding memberships in order to develop a targeted outreach plan. We also created a survey to be sent to individuals not renewing memberships.

Other activities this year included: in October the committee staffed an information table at the NH Heathy Homes Conference in Concord, New Hampshire and in December, committee co-chairs participated in the NHAIMH strategic planning day.

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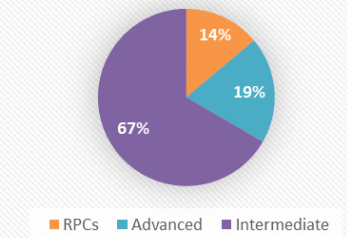
Early Childhood and Family Mental Health Credential (ECFMHC)

The following individuals earned their credentials this year:

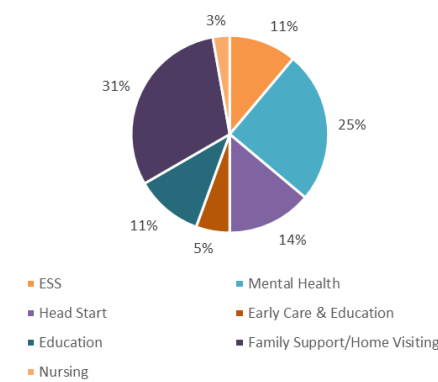
Reflective Practice Consultant—Advanced
Melony Williams

Credentials Renewed
Jane Merrithew (Advanced)

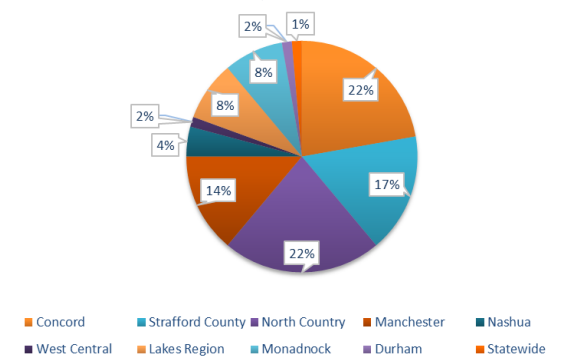
Credential Type



Service Type



Geographic Area



2019 Annual Conference



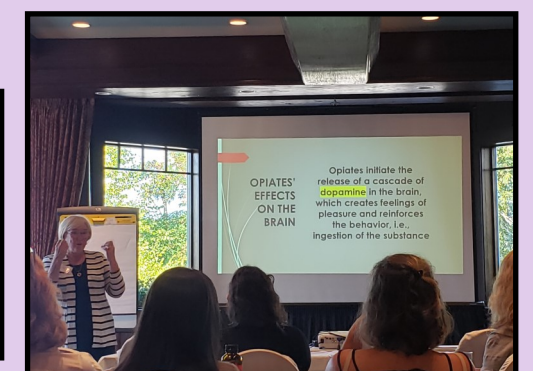
Above: **Need caption.**

Understanding and Addressing the Impacts of Maternal Substance Misuse
Featuring:
Amanda Lowell, PhD and Eda Spielman, PsyD and Amy Sommers, LICSW

Right top:
Right Bottom:

Comment from Conference Attendee

"I really appreciated hearing this parent's story... it grounded (us in) the real world experience... awesome presenter."



A huge "Thank You!" to our presenters for their time and expertise.

